

Compute the average rate of change of $f(x) = 3x^2 + 1$ from $[-2, 5]$

Compute the average rate of change of $f(x) = 3x^2 + 1$ from $[-1, b]$

Compute the average rate of change of $f(x) = 3x^2 + 1$ from $[-2, 2 + h]$